Cinnamon Toast

Ingredients:

- 2 slices bread
- butter
- 1 T sugar (I have been using <u>Stevia</u> or <u>Monkfruit</u> in place of the sugar)
- 1 t. cinnamon

Directions:

Mix together cinnamon and sugar. Toast your bread, butter it, sprinkle with cinnamon/sugar mixture.

I usually keep an old, clean, parmesan cheese shaker full of cinnamon sugar.

Use 2 T cinnamon to every 1/2 c sugar to make it in larger batches.