

# Easy Fried Noodles

## Ingredients:

- 2 packages of Ramen Noodles
- 1 small onion, chopped (optional)
- 3/4 c. frozen peas & carrots or mixed veggies
- 1-2 eggs, lightly beaten
- 1 T. olive oil or sesame oil
- 2-3 T. soy sauce
- 1/4 cooked meat, chopped (optional)

## Directions:

Cook the noodles as you would for soup except don't add the flavor packet.

Drain and set to the side.

Heat the sesame oil in a large skillet over medium heat.

Add the veggies (*including the onion*) and fry until tender.

Push the veggies to the side and add the eggs to one side.

Lightly scramble the eggs.

When the eggs are cooked mix them with the veggies.

Add the cooked noodles and meat, if using, to the skillet.

Carefully mix in the veggies and eggs.

Put the soy sauce over the top and gently stir.

Add the seasoning packets and stir.

Heat thoroughly. Serve hot.