

Mom's Oven Stew

Ingredients:

- 1 onion, diced
- 3-4 potatoes, peeled and cut into chunks
- 1 bell pepper, diced
- 2 T. garlic, minced
- 2 c. celery, sliced
- 2 c. baby carrots
- 1 can tomato soup (*I sometimes use leftover spaghetti sauce if I have any*)
- 1 can cream of mushroom soup
- 1 can water
- 1 pack of Lipton Onion Soup mix
- 2 T. rice, uncooked
- 1-2 lbs. ground meat (*beef, turkey, pork*), uncooked
- salt and pepper, to taste

Directions:

Preheat oven to 325.

Grease a 9 x 13 pan and place the vegetables in the pan.

Mix together the soups, water, seasoning, and rice.

Pour over the vegetables.

Crumble the raw meat over the top of the vegetables.

Sprinkle with salt and pepper.

Cover with foil and bake 3-5 hours.

Stir occasionally and add water, if needed.

***This recipe could probably be made in the crockpot as well. I will attempt this when I make it and see how it turns out.*