

Tortilla Bowl Taco Salad

Ingredients:

Tortilla bowls:

- 10 burrito size flour tortillas
- cooking spray
- ovenproof bowls

Taco salad:

- 1-2 lbs ground meat, browned
- 1 pack of taco seasoning
- 1/2 c. water
- Lettuce, shredded
- Tomatoes, diced
- Green onion, chopped
- Cilantro, chopped
- Shredded cheese
- Avocado, diced
- sour cream
- additional toppings that you may like

Directions:

Preheat oven to 375 degrees F.

To make the tortilla bowls:

Spray the oven-safe bowls with cooking spray. Gently press tortilla inside the bowl.

Place bowls on cookie sheets before placing them into the oven.

Bake for 14-16 minutes or until evenly browned.

Let tortillas cool in bowls for 5 minutes before transferring to wire cooling rack.

For the taco salad:

Add the taco seasoning and water to the browned meat and set aside.

Fill the tortilla bowls with some ground meat and your favorite toppings. Top with shredded cheese and sour cream.