

# Crockpot BBQ Chicken

## Ingredients:

- 2 - 3 pounds boneless skinless chicken breasts
- 1 onion, chopped
- 1 - 18oz bottle of BBQ sauce
- salt and pepper to taste

## Directions:

Place the onion and chicken in the crockpot. Cover with BBQ sauce. Cook on low for 6-8 hours or on high for 3-4 hours. Shred the chicken and season to taste.

Serve HOT on buns.