

# Crockpot Chicken Marinara with Veggies

## Ingredients:

- 4 lbs boneless skinless chicken breasts or thighs
- 6 cloves garlic, pressed
- 2 (12-ounce) cans crushed tomatoes
- 6 stalks celery, diced
- 2 small zucchini, diced
- 2 bell peppers, diced
- 1 c. sliced mushrooms
- 1 jar spaghetti sauce
- 1 T. Italian seasoning
- salt and pepper, to taste

## Directions:

Place the first 7 ingredients in a crockpot.

Pour sauce on top and sprinkle with seasonings, stir to blend ingredients.

Cover and cook on low for 6 to 7 hours.

Remove the chicken and shred. Return back to crockpot and stir into sauce.

Serve over cooked noodles.