

Crunchy Chicken

Ingredients:

- 1 1/3 cups French-fried onions or pork rinds, crushed
- 1/4 c. mayo
- 1 lb skinless, boneless chicken breast halves or tenders

Directions:

Preheat oven to 400.

Grease a baking sheet.

Spread crushed onions in a shallow bowl or pie plate.

Coat each piece of chicken with mayo and then press into crushed onions.

Gently tap chicken to let loose pieces fall away.

Place the breaded chicken on a baking sheet.