

Oven Roasted Brussels Sprouts

Ingredients:

- 1 lb of Brussels sprouts
- 2 - 3 T. Olive oil (I may have used a tad bit more as I love olive oil)
- Garlic salt (I like Lawry's)
- Pepper to taste
- Parmesan cheese, optional

Directions:

Preheat oven to 400.

Grease a large baking pan.

Wash your veggies and cut in half if they are large.

Place veggies in a large bowl.

Drizzle with oil.

Sprinkle with salt and pepper.

Toss to coat.

Pour onto a baking pan.

Bake 10-15 minutes, turn.

Bake another 10-15 minutes until slightly browned.

Sprinkle with Parmesan cheese, if desired.