

Banana Bread

Ingredients:

- 3 c. self-rising flour
- 1/3 c. butter
- 1 egg
- 1 c. milk
- 1 c. sugar
- 3 ripe bananas
- 1 c. nuts (optional)

Directions:

Preheat oven to 375.

Mix the flour and butter together until it forms a coarse mixture.

Add the other ingredients and mix just until blended, don't overmix!

Bake for 1 hour.