



Grace & Gratitude

DEVOTIONAL & ACTIVITIES

O give thanks unto the LORD, for he is good:
for his mercy endureth for ever.

- Psalm 107:1

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Day 1: Grace Given

Scripture:

For by grace are ye saved through faith; and that not of yourselves:
it is the gift of God: Not of works, lest any man should boast. -Ephesians 2:8-9

Reflection:

Grace is the foundation of our FAITH - a FREE gift from GOD that cannot be earned. As we begin this week of THANKSGIVING devotions, let us reflect on the wonder of salvation. Every blessing flows from HIS grace.

Hymn:

'Amazing Grace '- John Newton

'Twas grace that taught my heart to fear, and grace my fears relieved.'

Journal Prompt:

How have I experienced God's grace this past year?

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Prayer:

LORD, thank YOU for YOUR amazing grace. Help me to rest in YOUR mercy and remember that YOUR love is not something I have to earn. AMEN.

Day 2: Grace in the Everyday

Scripture:

And he said unto me, My grace is sufficient for thee: for my strength is made perfect in weakness. Most gladly, therefore, will I rather glory in my infirmities, that the power of Christ may rest upon me. - 2 Corinthians 12:9

Reflection:

Grace doesn't just save us; it sustains us. GOD's grace meets us in our weakness, in our daily routines, and even in our struggles. HIS power is made perfect when we rely on HIM.

Hymn:

'He Giveth More Grace' - Annie Johnson Flint

'For out of HIS infinite riches in Jesus, HE giveth, and giveth, and giveth again.'

Journal Prompt:

Where do I need to invite GOD's grace into my day-to-day life?

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Prayer:

FATHER, thank YOU for being strong where I am weak. Teach me to see YOUR grace at work in the ordinary moments. AMEN

Day 3: Gratitude as Worship

Scripture:

Rejoice evermore; Pray without ceasing.

In everything give thanks: for this is the will of God in Christ Jesus concerning you.

-1 Thessalonians 5:16-18

Reflection:

Gratitude is an act of worship. When we give thanks, even in challenges, we honor GOD's goodness. A thankful heart turns ordinary days into opportunities for praise.

Hymn:

'Now Thank We All Our God' - Martin Rinkart

'Who from our mother's arms hath blessed us on our way with countless gifts of love.'

Journal Prompt:

What is one hard thing I can thank GOD for?

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Prayer:

LORD, fill my heart with true gratitude. Let my thankfulness rise as worship to YOU each day. AMEN.

Day 4: Gratitude in Action

Scripture:

And whatsoever ye do in word or deed, do all in the name of the Lord Jesus, giving thanks to God and the Father by him. - Colossians 3:17

Reflection:

Thankfulness should overflow into how we live and love others. Every word and deed can reflect GOD's grace when rooted in gratitude.

Hymn:

'Take My Life and Let It Be' -Frances R. Havergal

'Take my hands and let them move at the impulse of THY love.'

Journal Prompt:

How can I show gratitude through my actions today?

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Prayer:

JESUS, thank YOU for giving me the opportunity to serve others. Let my words and deeds bring YOU glory. AMEN.

Day 5: Cultivating a Thankful Heart

Scripture:

Be careful for nothing; but in every thing by prayer and supplication with thanksgiving let your requests be made known unto God.

And the peace of God, which passeth all understanding, shall keep your hearts and minds through Christ Jesus. -Philippians 4:6-7

Reflection:

Gratitude transforms worry into peace. When we thank GOD in all things, HIS presence guards our hearts. A thankful spirit grows deeper as we practice daily appreciation for HIS blessings.

Hymn:

'It Is Well With My Soul' -Horatio Spafford

'Whatever my lot, THOU has taught me to say, it is well, it is well with my soul.'

Journal Prompt:

What helps me keep a thankful heart, even during stress or change?

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Prayer:

FATHER, teach me to be content and grateful in every season. May my heart stay fixed on YOUR goodness. AMEN.

From Gratitude to Hope:

Giving Thanks for the Promise of HIS Coming

Scripture:

The people that walked in darkness have seen a great light: they that dwell in the land of the shadow of death, upon them hath the light shined. -Isaiah 9:2

Reflection:

As Thanksgiving fades and Advent draws near, we pause between seasons - one rooted in GRATITUDE, and the other in HOPE.

We have thanked GOD for HIS GRACE, for the harvest, and for HIS provision through the year.

Now, we lift our eyes toward the promise of new light - the LIGHT of the WORLD coming to dwell with us.

Just as Israel waited for the MESSIAH with longing hearts, we, too, wait. Yet we do not wait empty-handed. We wait THANKFULLY, holding all we've been given in one hand and all we hope for in the other. GRATITUDE becomes the soil where HOPE grows.

When we remember how FAITHFUL GOD has been, it becomes easier to TRUST that HE will be FAITHFUL still.

Hymn:

'Come, THOU Long-Expected JESUS' - Charles Wesley

'Born to set thy people free; from our fears and sins release us, let us find our rest in thee.'

Journal Prompts:

- How has GOD shown HIS faithfulness this year?
- What am I longing or hoping for as ADVENT begins?
- How can GRATITUDE strengthen my HOPE?

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Prayer:

FATHER, YOU have filled our hearts with GRATITUDE and our tables with abundance. As we turn our hearts toward ADVENT, help us carry THANKFULNESS into our waiting. Let HOPE rise from the soil of GRATITUDE, and let YOUR light guide us into the season ahead. In JESUS' name. AMEN.

Family Gratitude Challenge

May this season remind us that EVERY breath, EVERY blessing, and EVERY moment of GRACE comes from the loving hand of the FATHER.

Activities:

- Start a family gratitude jar - add a note each day
- Share one or more blessings aloud at dinner each night
- Write thank-you cards to people who have blessed you this year
- Do secret acts of kindness for your family, friends, and neighbors
- Take a walk together and thank GOD for HIS wonderful creation
- Read a Psalm of thanksgiving as a family
- End the week with a prayer of praise and thanksgiving
- Other:
- Other:
- Other:

Notes:

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Prayer:

LORD, thank YOU for the beauty of grace and the gift of gratitude. As we gather for Thanksgiving, fill our hearts with JOY, PEACE, and the awareness of YOUR goodness. Help us to live each day as an offering of THANKS to YOU. AMEN.