

MY FALL FEASTS

COLORING & ACTIVITY BOOK



**A FUN JOURNEY THROUGH YOM TERUAH,
YOM KIPPUR, SUKKOT, AND SHEMINI ATZERET.**



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Welcome to the Fall Feasts! 🍁

Welcome, families! This book is designed to bring the beauty, joy, and rich traditions of the biblical Fall Feasts directly into your home. Through coloring, simple crafts, and thoughtful reflections, your children will explore the meaningful cycles of Yom Teruah, Yom Kippur, Sukkot, and Shemini Atzeret.

Whether you are celebrating these appointed times for the very first time or continuing a cherished family legacy, our hope is that these pages spark wonderful conversations, sweet memories, and a deeper connection to God's harvest seasons. Grab your crayons, markers, and scissors, and let's journey through the feasts together!

⚠️ A Note for Parents & Guardians (Disclaimer)

This book contains interactive activities, including recipes, decoration building, and cut-out crafts designed to enhance your child's learning experience. To ensure a safe and joyful celebration, please note the following:

- **Adult Supervision Required:** Several pages feature craft projects that require the use of scissors, glue, string, or hanging materials. Please ensure an adult is present to supervise and assist young children with cutting and assembling.
- **Holiday Prep & Kitchen Safety:** Family feast instructions and food guides may involve kitchen prep, cooking, or handling hot foods. All culinary activities should be managed and executed by an adult.
- **Allergy Awareness:** Grocery planning guides and traditional food suggestions (such as dipping apples in honey) are generic recommendations. Please adapt all meals and ingredients to fit your family's specific dietary needs and allergy restrictions. (Note: Honey should never be given to infants under 12 months of age).

Thank you for bringing this book into your home. Happy tracing, coloring, and celebrating!

Fall Feasts Timeline

Start: 1st Day of the 7th Month

1

YOM TERUAH

Day 1



A joyful wake-up call!

10 Days of
Awe & Reflection

2

YOM KIPPUR

Day 10



A quiet day for prayer
and forgiveness.

5 Days of Joyful
Preparation

3

SUKKOT

Days 15-21



7 days of joy,
hospitality, and harvest!

4

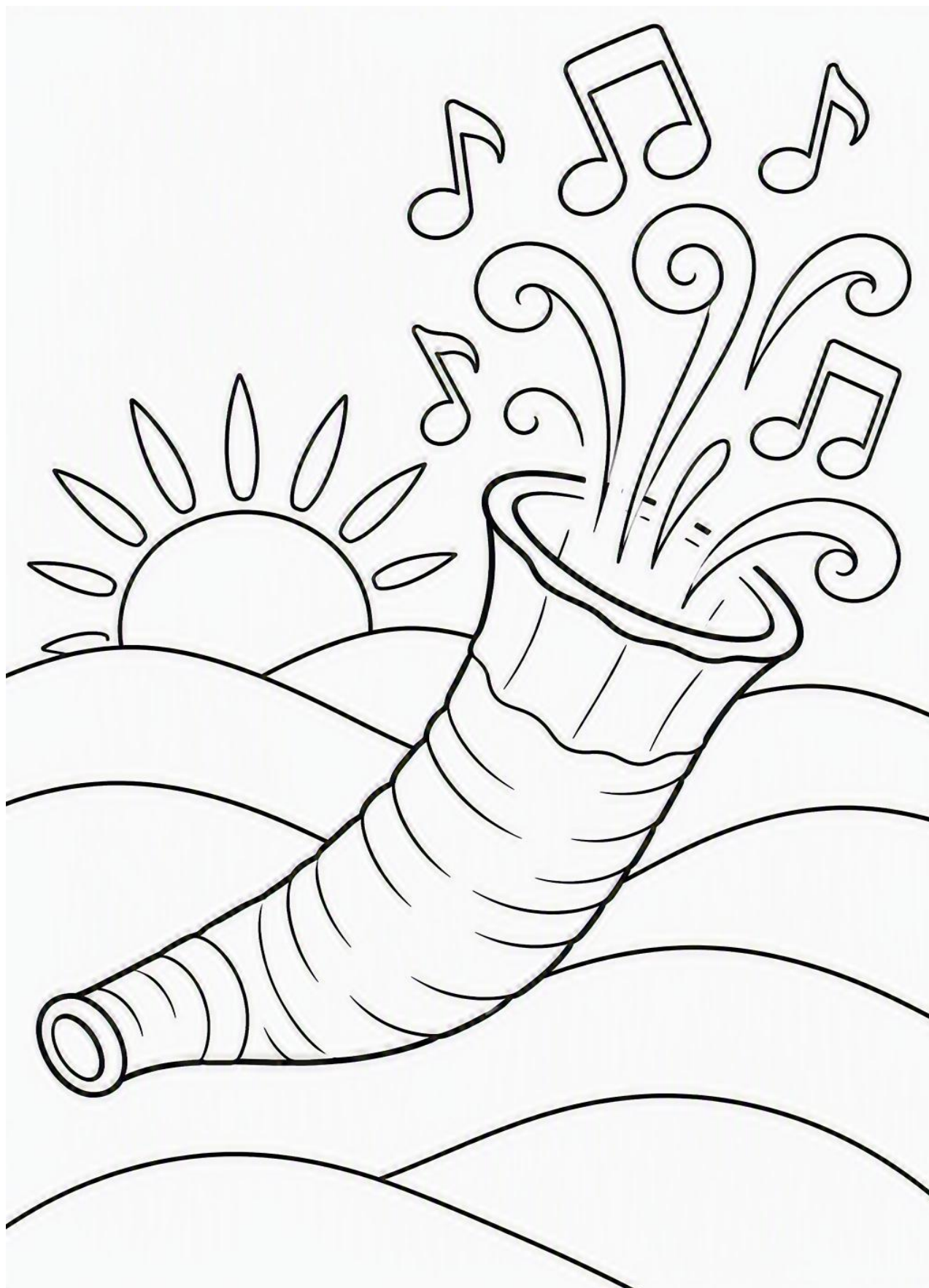
SHEMINI
ATZERET

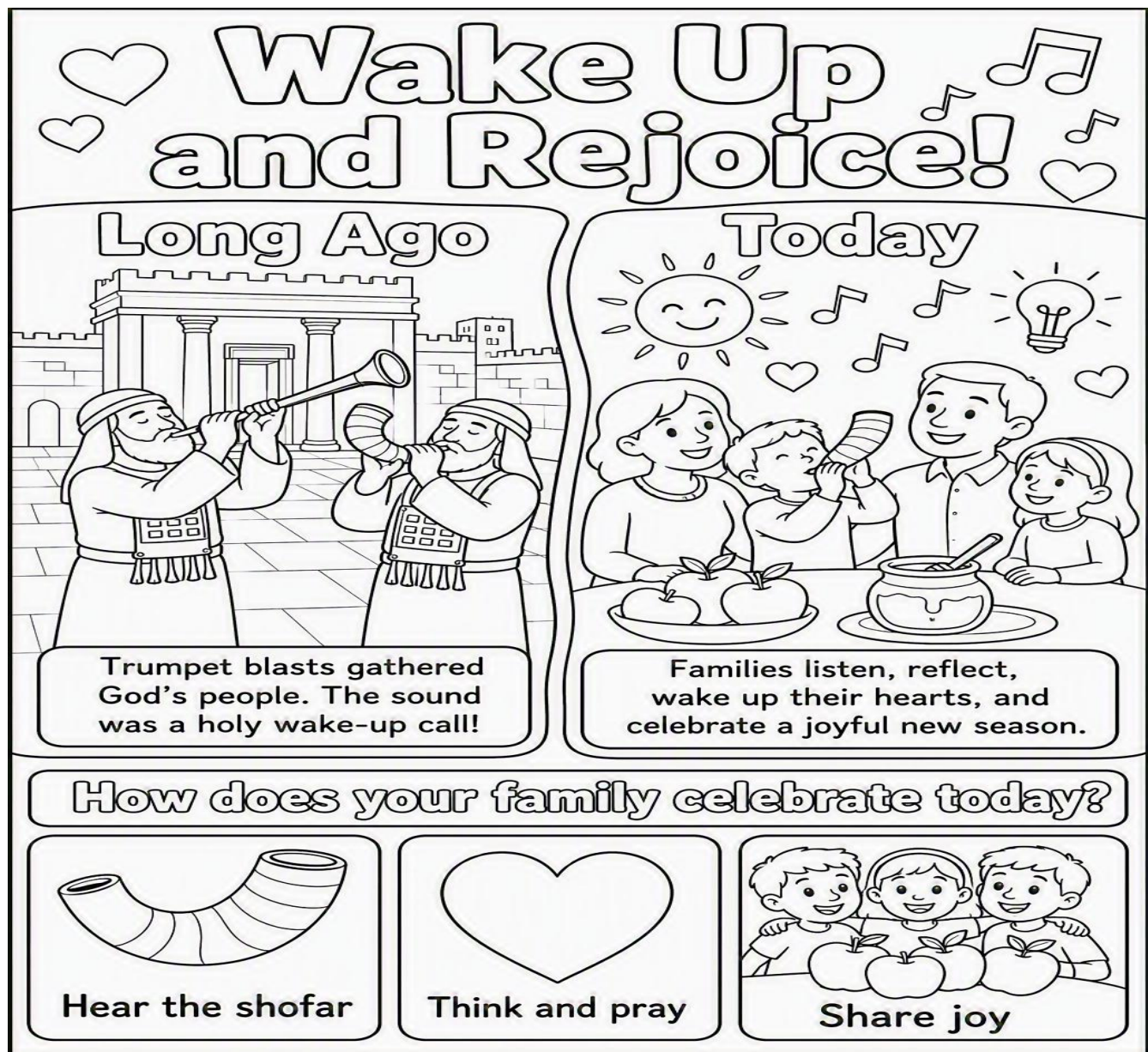
Day 22



One more day to rejoice
and pray for rain.

Seasonal Harvest Complete!





Yom Teruah Reflection

Wake Up and Rejoice!

Long ago, the priests in the Temple blew shiny silver trumpets and loud ram's horns to gather everyone together. It was a holy wake-up call! Today, when we hear the blast of the shofar, it reminds our hearts to wake up, think about God, and get ready for a special new season. It is a day of joy, shouting, and clean beginnings.

How does your family celebrate today? Do you hear a real shofar, eat sweet apples, or gather with friends?

My Clean Heart Journal

Yom Teruah is a wonderful time to look into our hearts. In the box below, draw a picture or write a prayer about something you want to thank God for, or a way you want to grow helper-hearts this year!

My Clean Heart Journal

Yom Teruah Activity Sheet

Find the Yom Teruah Words!

Circle each word. Words go across or down.

S	H	O	F	A	R	L	B	Q	X	M	P
J	C	V	N	E	W	Y	E	A	R	T	R
T	R	U	M	P	E	T	S	K	D	W	A
G	F	H	J	L	C	V	S	N	B	Y	Y
A	P	P	L	E	S	R	I	U	M	O	E
Z	T	G	K	D	F	H	N	J	C	V	R
W	A	K	E	U	P	M	G	L	Q	X	S
B	N	D	R	T	Y	U	S	C	E	F	H
H	E	A	R	T	K	J	O	Y	L	P	D
M	Q	V	B	C	X	Z	U	N	T	R	F
R	E	F	L	E	C	T	N	S	G	H	K
P	D	W	M	Y	A	J	D	A	Y	C	L




SHOFAR
TRUMPET
PRAYER
NEW YEAR
BLESSING
APPLES




WAKE UP
HEART
JOY
REFLECT
DAY

Clean Heart Reflection

Draw a picture or write a prayer about something you thank God for, or one way you want to grow a helper-heart this year.



My name: _____ Date: _____

A Time for Quiet Hearts

"For on this day atonement shall be made for you, to cleanse you..." — Leviticus 16:30

Yom Kippur is the Day of Atonement. It is a very quiet, peaceful, and holy day. While we take time to pray, think about our year, and say "I'm sorry" for our mistakes, we remember how deeply God loves us. Color this page using soft, peaceful colors to remind you of a clean, happy heart.



1. Read-Aloud Reflection

Understanding Yom Kippur

In ancient times, Yom Kippur was the most sacred day of the whole year. The High Priest would put on special white clothes and enter the quietest, most holy room of the Temple to pray for everyone's mistakes.

Today, we don't have that stone Temple, but we use this special day to quiet our minds, pray at home, and tell God we are sorry for our mistakes. It is a peaceful day to remember how much God loves us, forgives us, and washes our hearts clean!

2. Family Instructions: How to Observe Today

- Practice Saying "I'm Sorry": Spend time with your parents or siblings asking for forgiveness if you have accidentally hurt their feelings or made a mistake this year.
 - Keep a Quiet House: Because older family members may be fasting (not eating or drinking) to focus entirely on prayer, kids can help by keeping the house peaceful, reading books, or drawing quietly.
 - Prepare a Break-the-Fast Meal: Help your family set the table for a cozy, delicious meal to enjoy right after the sun goes down!
-

3. Kid Zone: My Little Prayer Box

God hears every word we say! In the ribbon banner below, practice writing a short, simple prayer of thanks or a note asking God to help you keep a kind heart this year.

Dear God,	
Love,	

Fall Feasts Family Preparation List Parents' Holiday Strategy Board

Plan family gatherings, sukkah supplies, and break-the-fast meals before the holiday rush.

FRESH PRODUCE & HARVEST ☐ Apples (for dipping!) ☐ Pomegranates ☐ Grapes & Figs ☐ Squash, Pumpkins, & Roots ☐ _____ ☐ _____	PANTRY STAPLES & DRY GOODS ☐ Honey ☐ Round challah flour/yeast ☐ Baking spices ☐ Olive oil ☐ _____ ☐ _____
FEAST CRUCIALS & DECOR ☐ Sukkah tarp/wood/frame ☐ Outdoor lights ☐ String or twine ☐ Roof branches ☐ _____ ☐ _____	BREAK-TH-FAST & MEALS ☐ Chicken/beef or other protein ☐ Eggs & dairy staples ☐ Easy-to-reheat foods ☐ Juice or festive drinks ☐ _____ ☐ _____

FAMILY TASKS & ASSIGNMENTS

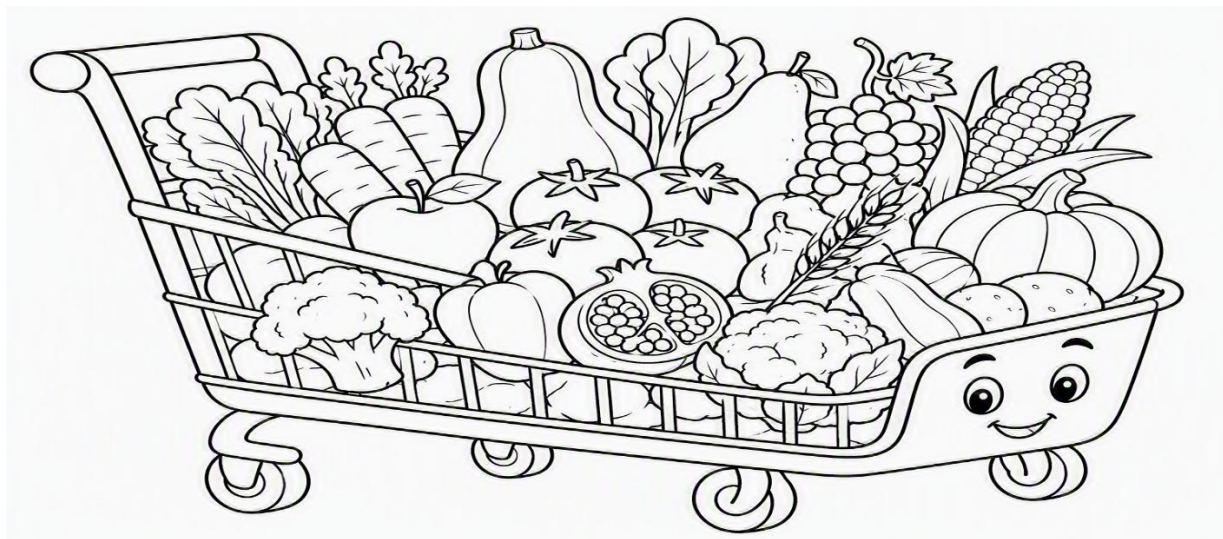
Shofar: _____ Seating/sleeping bags: _____ Craft box (scissors, glue, string): _____

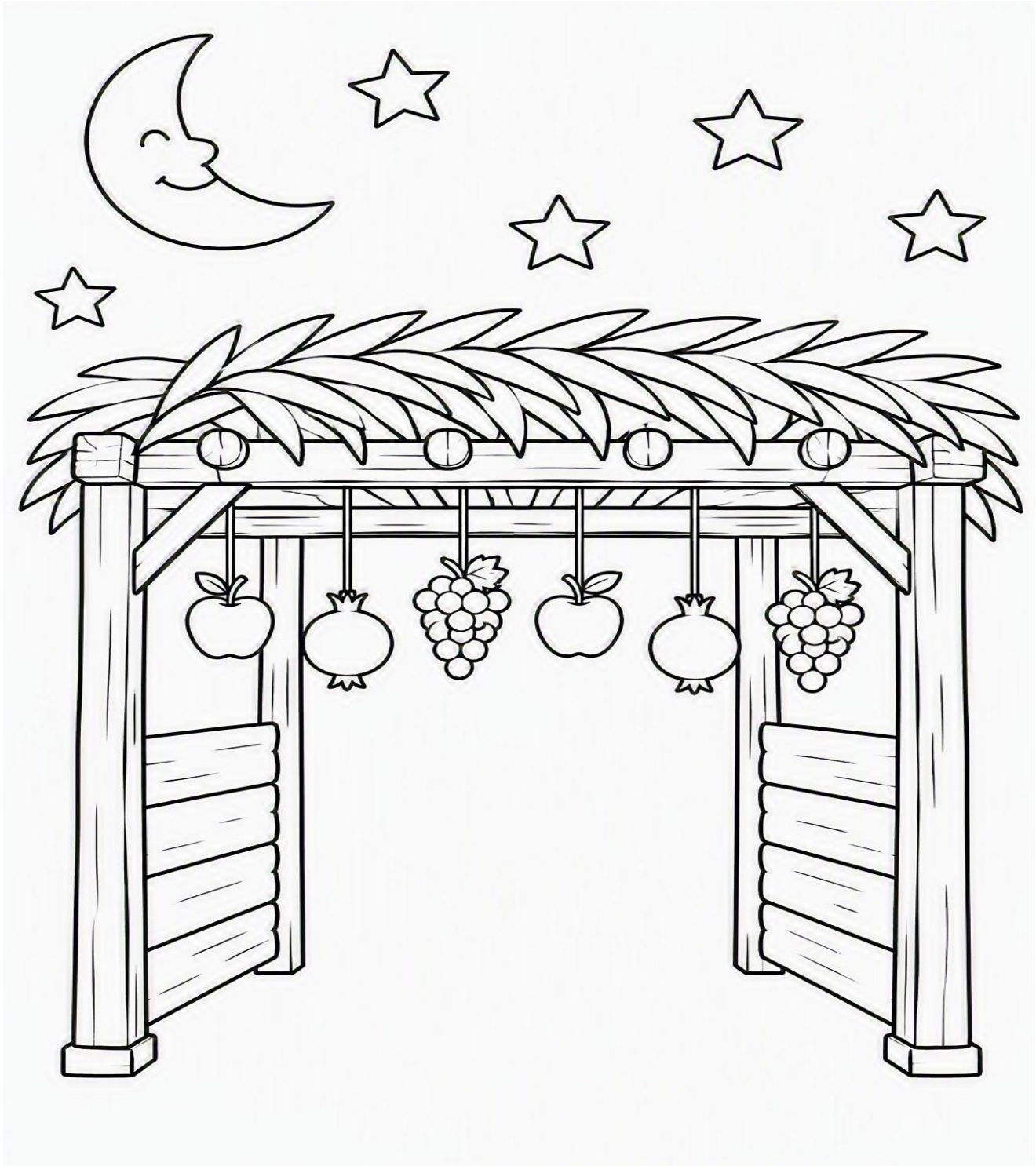
Kid Zone: The Shopping Cart Hunt!

Hey Kids! While your parents are filling out the lists, grab your green, red, and yellow crayons.

Find and color the hidden harvest shapes scattered along the margins of this page!

- Color the Apple 🍏 RED once you find it.
- Color the Pomegranate 🍇 PINK once you find it.
- Color the Wheat Stalk 🌾 GOLD once you find it.



**Welcome to the Sukkah!**

"You shall dwell in booths for seven days..." — Leviticus 23:42

Sukkot is the Feast of Tabernacles! For one whole week, we build temporary outdoor huts called sukkahs to remember how God watched over His people in the wilderness. Grab your brightest crayons and markers to decorate this cozy shelter with beautiful fall harvest colors!

A seven-night tracker grid where families can log their custom menu themes or guest hospitality ideas.

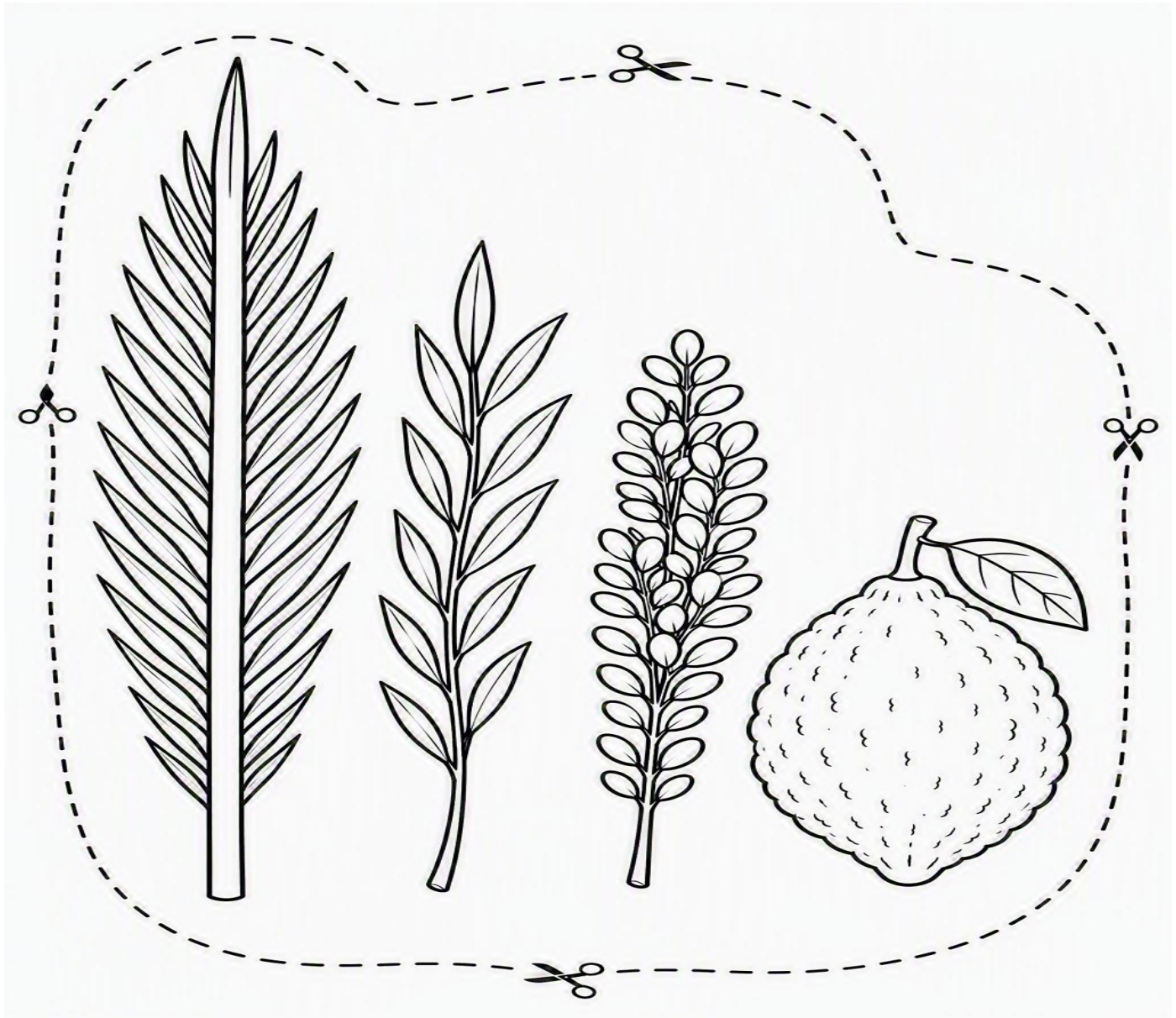
Our 7-Night Sukkot Journey

Sukkot is all about joy and welcoming guests (ushpizin) into our temporary dwellings! Use this tracker to plan your themes or write down who shared joy with you each night.

- **Night 1 Theme/Guest:** _____
- **Menu:** _____
- **Night 2 Theme/Guest:** _____
- **Menu:** _____
- **Night 3 Theme/Guest:** _____
- **Menu:** _____
- **Night 4 Theme/Guest:** _____
- **Menu:** _____
- **Night 5 Theme/Guest:** _____
- **Menu:** _____
- **Night 6 Theme/Guest:** _____
- **Menu:** _____
- **Night 7 Theme/Guest:** _____
- **Menu:** _____

Draw your favorite meal below:





The Four Species Craft Page

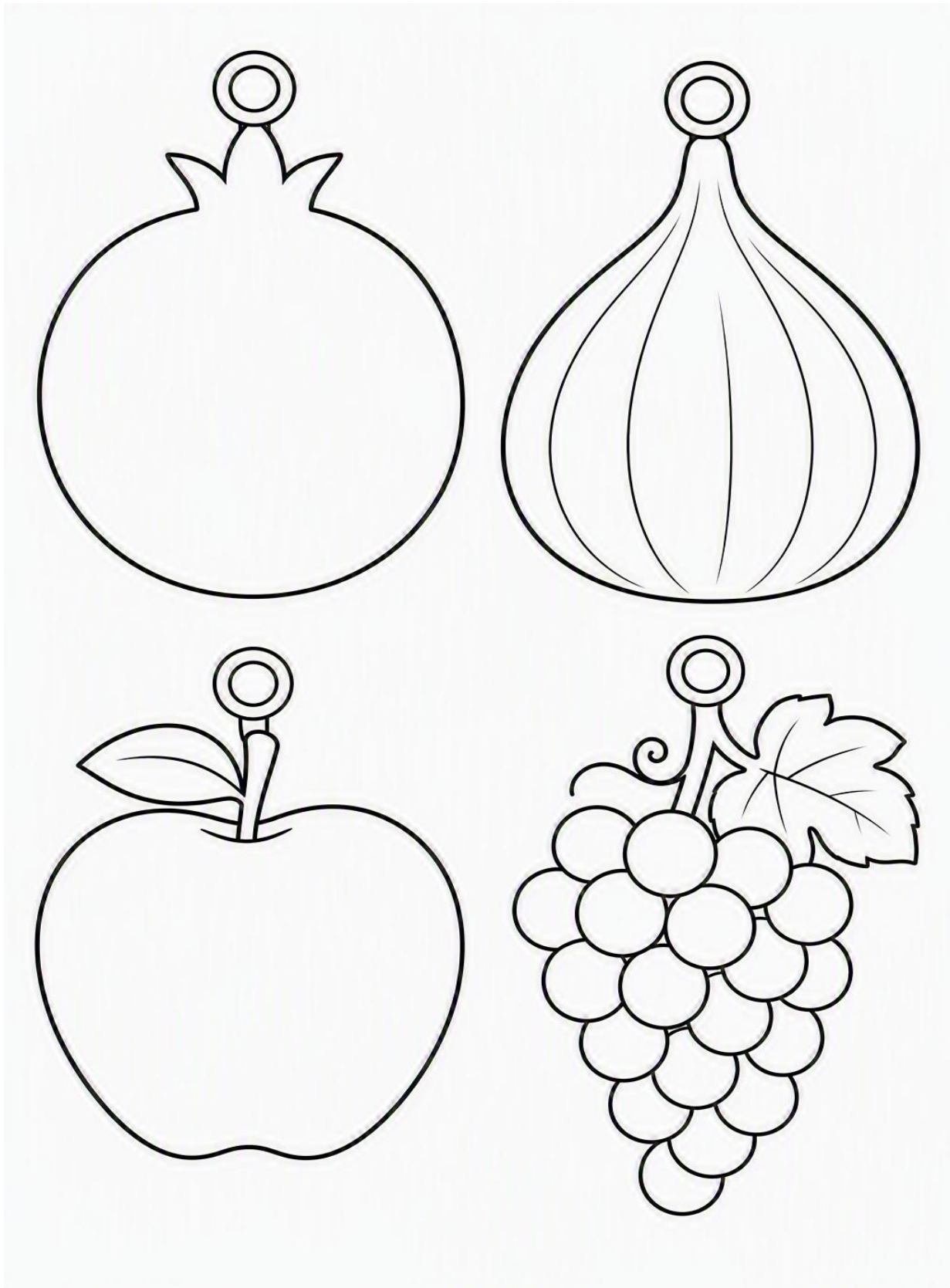
"And you shall take on the first day the fruit of splendid trees, branches of palm trees and boughs of leafy trees and willows of the brook..." — Leviticus 23:40

During Sukkot, we gather four special plants to wave joyfully before God to celebrate the harvest!

How to make your set:

1. Color in the Palm, Willow, Myrtle, and Etrog fruit using your favorite greens and yellows.
2. With a parent's help, carefully cut along the dashed scissor lines - - -.
3. Gather your paper branches together at the bottom, wrap them with a piece of tape or string, and wave them joyfully to celebrate the Feast!

Color and cut out these decorations to decorate your sukkah.

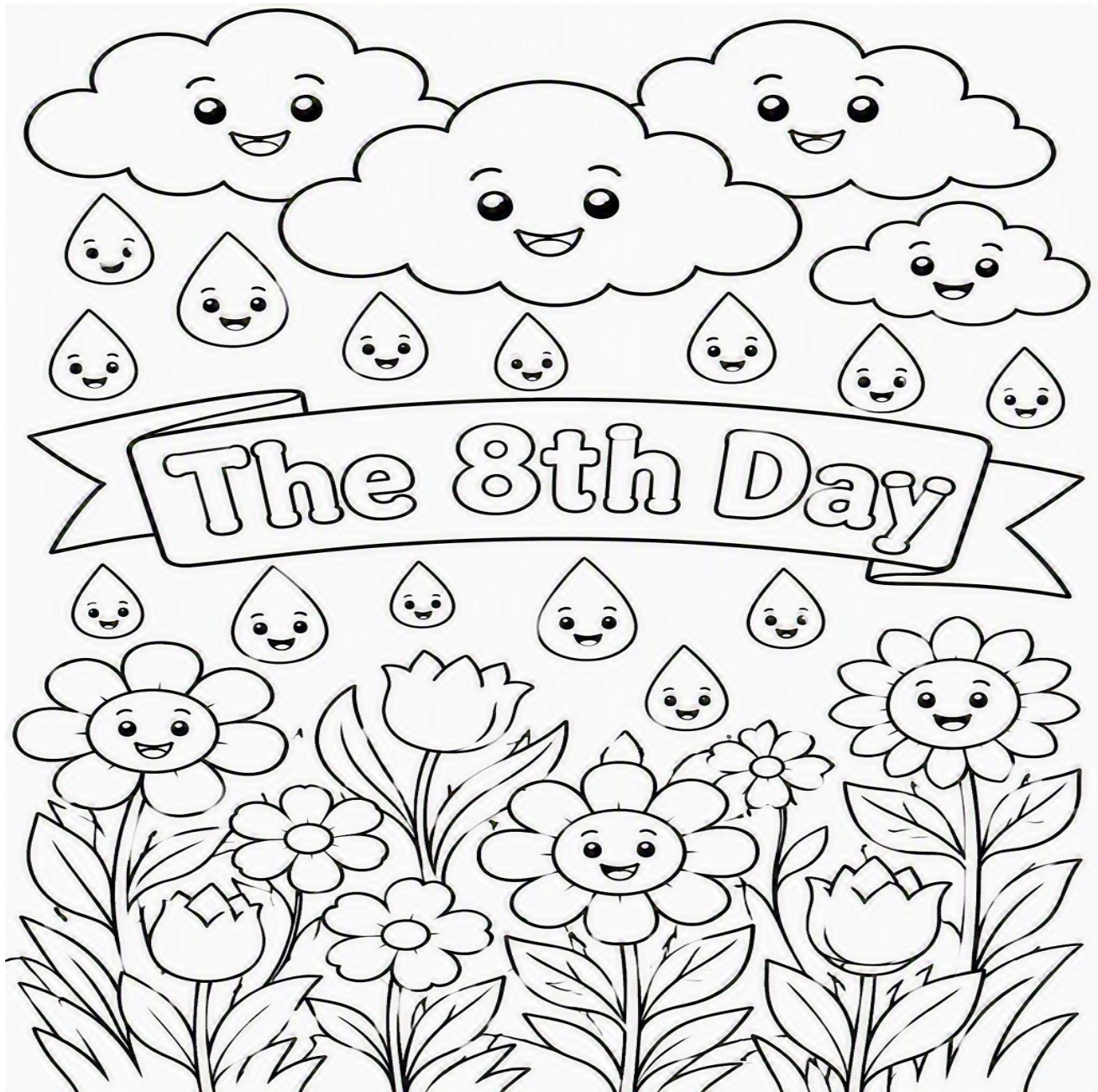


The Joy of the Eighth Day

"On the eighth day you shall have a solemn assembly..." — Numbers 29:35

Right after the seven days of Sukkot end, God invites us to stay for *one more day* called Shemini Atzeret! It is a special, cozy closing assembly to wrap up the holiday season. On this day, we also look forward to the coming winter and pray for refreshing rain to help next year's seeds grow big and strong.

Use your favorite blue and bright colors to bring this happy rain and celebration banner to life!



Here is the complete text and layout structure for Page 15, which serves as the final reading, reflection, and interactive menu-planning page for Shemini Atzeret.



Page 15: The Final Solemn Assembly (Shemini Atzeret Guide)

The Final Solemn Assembly

After seven joyful days of living in the sukkah, God asks us to stay just *one more day* for a special, cozy closing assembly. Shemini Atzeret is like a final hug at the end of the holidays. We also pray for rain on this day so that the dirt stays healthy and grows food for next year's harvest!

1. Read-Aloud Reflection

One Last Cozy Day

Imagine you just spent a whole week camping outside under the stars with your family, laughing and eating delicious harvest foods. When it's finally time to pack up, your parents give you a giant hug and say, *"Let's stay together just one more day!"*

That is exactly what Shemini Atzeret is! After the seven days of Sukkot, God asks us to gather for an eighth day. It is a warm, relaxed, and cozy closing assembly to look back on all the joy of the past few weeks and say a quiet prayer of thankfulness before returning to our normal routines.

2. Family Activity: The Eighth Day Menu Planner

Because this is the grand finale of the Fall Feast season, work together with a parent to plan a special concluding meal. Write or draw your food choices in the spaces below!

Our Eighth Day Menu Plan:

- Main Dish: _____
 - Side Dishes: _____
 - Sweet Treat: _____
-

3. Table Conversation Prompt

Around the Table: While enjoying your meal, take turns sharing one favorite memory from this year's Fall Feasts!

MY FALL FEASTS FESTIVE PLACEMAT

Color the shapes around the edge: ○ ★ ♪ ◇ ♪ ★ ○

ZONE 1: HONEY DIP STATION

Draw an apple slice in the box. Then add swirls of dripping honey!



ZONE 2: HARVEST TRIVIA

Answer these questions with your dinner guests.

1. What animal horn is blown on Yom Teruah? (**Sh**_ _ _)
2. How many days do we eat and camp inside the sukkah?
3. What do we pray for on the Eighth Day? (**R**_ _)

ZONE 3: SUKKAH DECOR

Circle what belongs in a sukkah. Cross out what does not.

☐ Twinkling Lights

☐ Pomegranates

☐ A Television

☐ A Snowman

☐ Palm Fronds

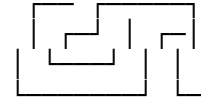
☐ Comfy Pillows

Coloring doodles: ◇ ○ ★ ♪

ZONE 4: FIND THE SUKKAH

Help the family follow the path to the backyard sukkah.

START: FAMILY



END: SUKKAH!

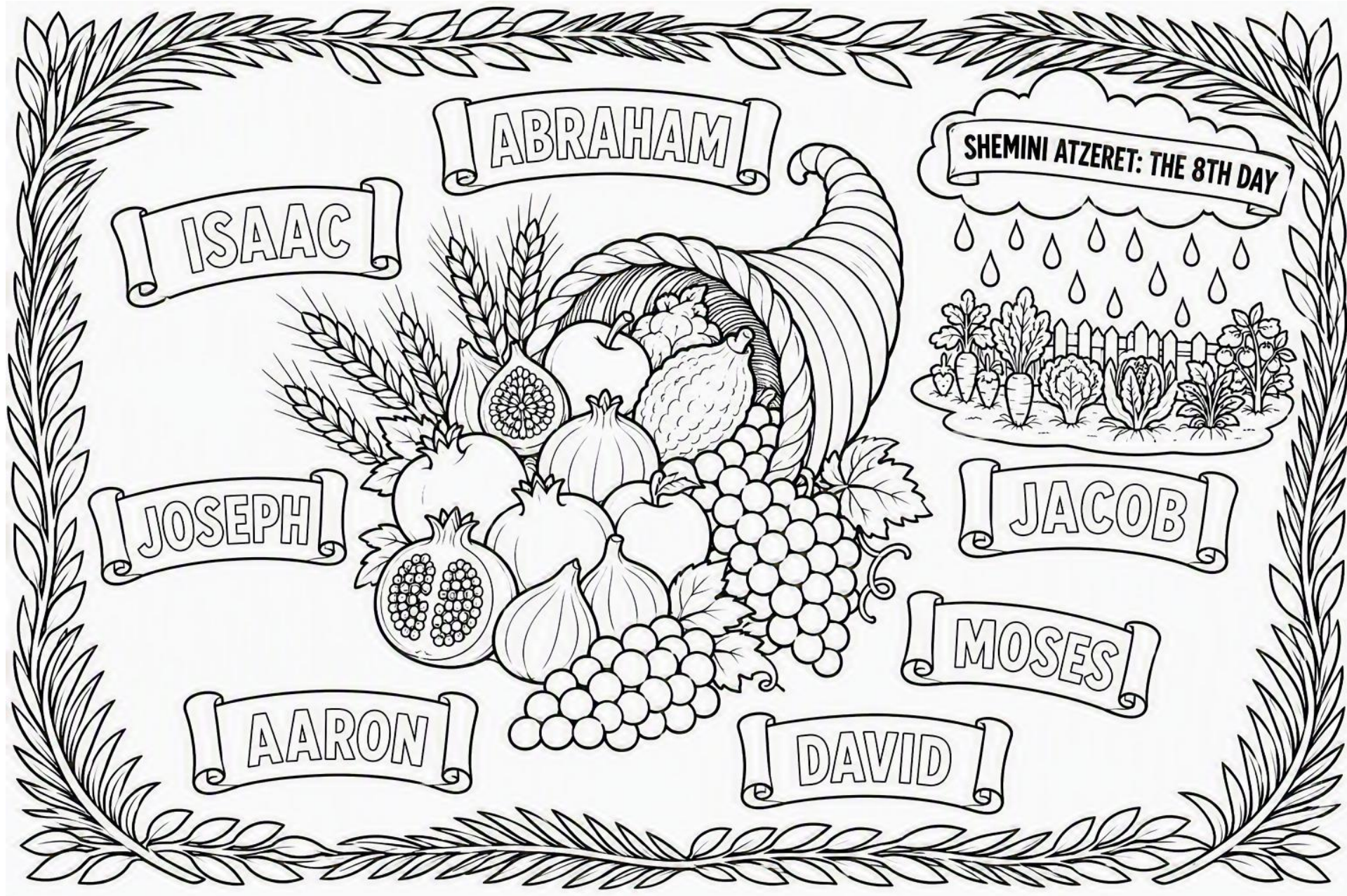
ZONE 5: TABLE TALK

Take turns answering: “**What is your favorite thing about eating outside with family?**”

Parent Tip: Print extra copies or use a clear sleeve or laminate. Use dry-erase markers throughout Sukkot.

Answer Key: 1. *Shofar* 2. *7 days* 3. *Rain*

Draw your favorite harvest foods below:



- **The Nightly Tracker:** "Color in one name scroll each night as you welcome the special holiday themes into your sukkah!"
- **The Harvest Hunt:** "Can you find the bumpy Etrog citrus fruit hiding inside the overflowing cornucopia? Color it bright yellow!"