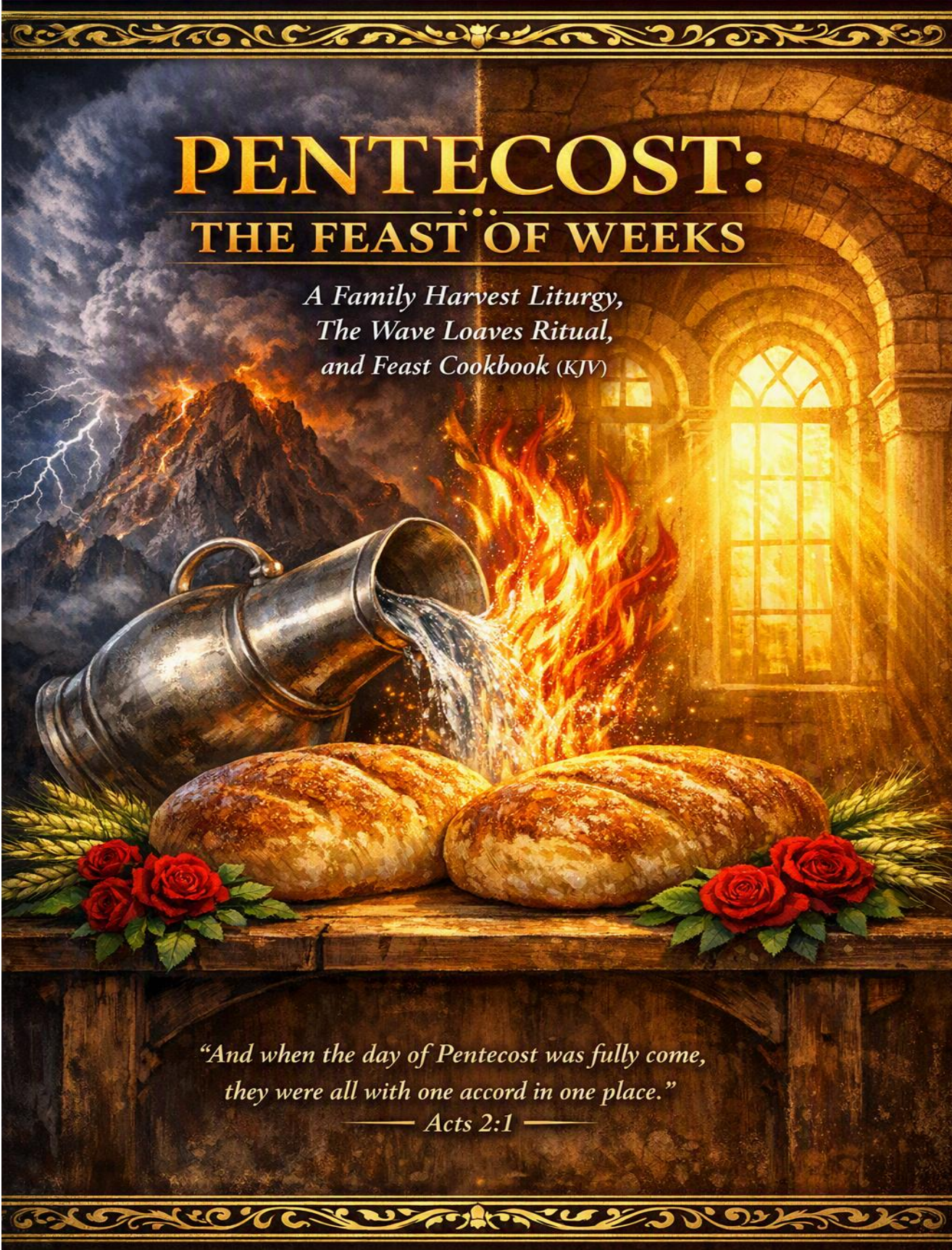




PENTECOST: THE FEAST OF WEEKS

*A Family Harvest Liturgy,
The Wave Loaves Ritual,
and Feast Cookbook (KJV)*

*“And when the day of Pentecost was fully come,
they were all with one accord in one place.”*

— Acts 2:1 —

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IMPORTANT SPECIAL NOTICE & GENERAL DISCLAIMER

Spiritual Perspective & Purpose:

This resource is designed purely as an educational and devotional guide to help Christian families study and observe the Fall Feasts of the Lord from a historical, prophetic, and scriptural perspective using the King James Version (KJV) of the Bible. It is intended for spiritual enrichment and family fellowship and does not impose legalistic obligations. We encourage you to do your own independent studies and consult with your religious leaders.

Health & Fasting Notice:

The fasting guidelines and alternatives outlined in the Yom Kippur section are for informational purposes only. A complete food and water fast can be physically demanding. Pregnant or nursing mothers, young children, the elderly, and individuals with underlying medical conditions, chronic illnesses, or specific nutritional needs should never attempt a strict fast without consulting a qualified healthcare professional first. Always prioritize medical safety and utilize the provided alternative fasting guide as appropriate.

Safety & Child Supervision:

This guide contains descriptions of outdoor structural construction (building a Sukkah), live candle lighting ceremonies, and children's crafts involving small pieces, scissors, or water.

- **Adult Supervision Required:** All building projects, knife handling during food preparation, and craft activities must be strictly supervised by an adult at all times.
- **Fire Safety:** Never leave burning festival candles or outdoor lanterns unattended. Ensure candles are placed in heavy glass shields on a stable, heat-resistant surface away from wind, flammable decorations, or children's reach.
- **Sukkah Safety:** Ensure any temporary canopy or wooden frame built outdoors is structurally secure, safely anchored against gusts of wind, and that overhead foliage is lightweight and securely attached.

NOTE ON PREPARATION & CURATION

This planning guide was developed in collaboration with artificial intelligence to organize historical context, structure daily timelines, and format household recipes. All content, scripture selections, and theological themes have been intentionally edited and reviewed by the author to ensure absolute alignment with the King James Version (KJV) Holy Bible and a Christ-centered perspective

THE PENTECOST / FEAST OF WEEKS MASTER GUIDE

A Complete KJV Christian Liturgy, Home Planning Manual, and Feast Cookbook for the Harvest Appointment

SECTION 1: MASTER PLANNING & TIMELINE CHECKLISTS

THE COUNTDOWN CHECKLIST (COUNTING THE OMER)

- **[] The 50-Day Count:** Pentecost (Shavuot) does not have a fixed calendar date; it is calculated by physically counting 50 days (seven full weeks plus one day) starting from the morning of the Feast of Firstfruits (**Leviticus 23:15-16**).
- **[] Two Wave Loaves:** Unlike the Feast of Unleavened Bread, Pentecost requires baking **two large loaves of bread baked with leaven (Leviticus 23:17)**. Purchase high-quality active dry yeast, unbleached flour, and raw honey.
- **[] Summer Harvest Greens:** Source fresh green wheat stalks, branches heavy with summer leaves, and bright red or white summer flowers to decorate the home.
- **[] Gathering Supplies:** Purchase white table candles, red and orange crepe paper or ribbons (to represent tongues of fire), and small battery-operated LED tea lights.
- **[] Bulk Feast Grocery Shopping:** Purchase a whole roasting turkey or brisket, heavy cream, milk, a variety of cheeses (mozzarella, cheddar, ricotta), fresh summer berries, and pure maple syrup.

THE PENTECOST HOME TIMELINE

Execute this exact structural timeline on the eve of the 50th day:

[TWILIGHT] —► 1. Kindle the Pentecost Harvest Lights (Mother/Hostess)

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2. The Wave Loaves Prophetic Proclamation

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3. The Host Welcome & Acts 2 Fire Liturgy

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4. The Outpouring Family Prayer (All Together)

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[DINNER] —► 5. The Dairy Blessing & Summer Harvest Feast

SECTION 2: THE FEAST OF WEEKS LITURGY

STEP 1: THE PENTECOST LIGHTING SCRIPT

The mother or hostess strikes a match and kindles two white candles inside glass shields on the table, gesturing with her hands to bring the light inward.

- **The Proclamation:** *"As we light these candles to begin the Feast of Pentecost, we celebrate the arrival of the summer harvest and the glorious giving of the Holy Spirit. On this exact day, God shook the earth with a rushing mighty wind and filled His people with fire. Let these flames remind us that we are called to be a living, burning testimony for Christ."*
- **The Scripture Recitation:**

"And there appeared unto them cloven tongues like as of fire, and it sat upon each of them. And they were all filled with the Holy Ghost, and began to speak with other tongues, as the Spirit gave them utterance." — Acts 2:3-4

- **The Blessing Prayer:** *"Blessed art Thou, O Lord our God, King of the Universe, who hast given us life, sustained us, and brought us to this joyful day. Let Thy Holy Spirit burn brightly in our hearts tonight, casting out all fear and filling our home with Thy power and love. In Jesus' name, Amen."*

STEP 2: THE PROPHETIC WAVE LOAVES RITUAL

The family leader stands at the table, lifting the two large, golden, fully-leavened loaves of bread.

- **The Proclamation:** *"During the Spring Feasts, we purged out all leaven to remember Jesus' sinless body buried in the tomb. But today, on Pentecost, God commands an amazing thing: we must bake **two loaves with leaven** and wave them before the Lord! Why? Because these two loaves represent the New Covenant Church—one loaf made of Jews and one loaf made of Gentiles. Even though we still have the 'leaven' of our old human nature, we are completely baked together, sanctified by the Holy Spirit, and accepted as firstfruits unto God through Jesus Christ!"*
- **The Scripture Recitation:**

"Ye shall bring out of your habitations two wave loaves of two tenth deals: they shall be of fine flour; they shall be baked with leaven; they shall be the firstfruits unto the LORD." — Leviticus 23:17

- **The Action:** *Lift both loaves high into the air and wave them forward and backward, then up and down three times, while the family claps and shouts: "Glory to God! We are one body in Christ Jesus!"*

STEP 3: THE HOST WELCOME & THE LAW COMPLETED

The family leader remains standing to welcome the family and guests.

- **The Host Script:** *"Welcome to Pentecost! In the Old Covenant, this is the exact day Israel stood at the base of Mount Sinai, where God gave the Ten Commandments written on cold stone tablets with thunder and lightning. In the New Covenant, on this very same day, God did something even greater! He poured out His Holy Spirit into the upper room, writing His law directly onto our hearts. The shadow has become reality!"*
- **The KJV Scripture Focus:**

"Forasmuch as ye are manifestly declared to be the epistle of Christ ministered by us, written not with ink, but with the Spirit of the living God; not in tables of stone, but in fleshy tables of the heart." — 2 Corinthians 3:3

STEP 4: THE OUTPOURING PRAYER

The whole family bows their heads together.

- **The Prayer:** *"Heavenly Father, Lord of the Harvest, we thank Thee for the gift of the Holy Ghost! Thank Thee for not leaving us as orphans, but sending Thy Spirit to comfort, guide, and empower us. Write Thy truth deep within the fleshy tables of our hearts today. Give our children the boldness to preach Thy Word, to walk in love, and to bear spiritual fruit daily. Let the fire of Thy presence consume our family. In the precious name of Jesus Christ, Amen."*

SECTION 3: THE PENTECOST COOKBOOK & RECIPES

Traditional Theme: A Land Flowing with Milk and Honey. Rich dairy dishes are traditionally eaten to celebrate that God's Word is like sweet milk to our souls.

The Two Sweet Wave Loaves (Leavened Challah or Brioche)

- **Ingredients:** 4 cups all-purpose flour, 1 packet active dry yeast, 1/3 cup warm honey, 1 tsp salt, 3 large eggs, 1/2 cup warm milk, 1/4 cup melted butter.
- **Instructions:** Dissolve yeast in warm milk with 1 tbsp of the honey; let sit 5 minutes until frothy. Mix flour and salt in a large bowl. Pour in yeast milk, remaining honey, eggs, and melted butter. Knead for 10 minutes until elastic. Let rise covered for 1 hour. Divide dough into two equal halves. Shape each half into a rounded, braided, or coiled loaf (creating your two distinct wave loaves). Let rise 30 minutes. Brush with egg wash and bake at 350°F for 25 minutes until deep golden brown.

Land of Milk & Honey Summer Berries Lasagna

A rich, comforting sweet-cheese layered dessert representing the richness of the New Covenant.

- **Ingredients:** 12 lasagna noodles (cooked), 15 oz ricotta cheese, 8 oz cream cheese (softened), 1 egg, 1/2 cup sugar, 1 tsp vanilla extract, 2 cups fresh summer berries (blueberries, raspberries), 1/4 cup honey.
- **Instructions:** Beat the ricotta, cream cheese, egg, sugar, and vanilla together until completely smooth. In a separate bowl, toss the fresh summer berries with honey. In a greased baking dish, layer 4 noodles, one-third of the sweet cream mixture, and one-third of the honeyed berries. Repeat layers two more times. Top with a sprinkle of sugar. Bake at 350°F for 30 minutes until bubbling and golden at the edges. Let cool completely before slicing.

SECTION 4: CHILDREN'S HARVEST FEAST ACTIVITIES

Craft: Cloven Tongues of Fire Headbands

- **Activity:** Cut long bands of red or orange construction paper to fit around the children's heads and staple the ends together. Have the children cut out flame shapes from bright red, orange, and yellow tissue paper or cardstock. Help them glue the paper flames to the front of the headband so that the flame sits directly above their foreheads, visually representing the cloven tongues of fire from **Acts 2:3**. Have them place a small battery-operated LED tea light inside the band to make their flames "glow" at the dinner table!
- **Supplies Needed:** [] Red, orange, and yellow construction/tissue paper, [] Safety scissors and glue sticks, [] Stapler, [] Battery-operated LED tea lights.

THE 50-DAY OMER COUNTING CALENDAR

“So teach us to number our days, that we may apply our hearts unto wisdom.” — Psalm 90:12

HOW TO USE THIS CALENDAR

1. **The Starting Point:** Begin counting on the morning of the Feast of Firstfruits (Resurrection Sunday). Day 1 is the Sunday morning the wave sheaf is lifted.
 2. **The Nightly Ritual:** Every evening at dinner, have your children check off the day, update the total number of weeks, and read the short KJV action step together.
 3. **The Destination:** Day 50 is Pentecost (Shavuot)—the celebration of the outpouring of the Holy Spirit!
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WEEK 1: THE FOUNDATION OF THE RESURRECTION

- [] Day 1 (Sunday): Lift the wave sheaf! Read 1 Corinthians 15:20. Christ is risen!
- [] Day 2 (Monday): Purge a piece of physical leaven. Praise God for a clean heart.
- [] Day 3 (Tuesday): Look out the window at sunrise. Thank God for the light of a new day.
- [] Day 4 (Wednesday): Plant a small seed in dirt. Talk about the miracle of hidden life.
- [] Day 5 (Thursday): Memorize John 1:1. Honor Jesus as the eternal Word.
- [] Day 6 (Friday): Bake a simple flatbread. Discuss how Jesus sustains our bodies.
- [] Day 7 (Sabbath): Rest from all chores. Complete week 1! *“Seven sabbaths shall be complete.”*

WEEK 2: THE PILGRIM PATHWAY

- ☐ Day 8 (Sunday): Start Week 2. Do a random act of secret kindness for a sibling.
- ☐ Day 9 (Monday): Step outside barefoot on grass or dirt. Remember we are pilgrims on earth.
- ☐ Day 10 (Tuesday): Draw a picture of a shepherd and sheep. Read Psalm 23.
- ☐ Day 11 (Wednesday): Drink a tall glass of cold water. Thank Jesus for quenching our spiritual thirst.
- ☐ Day 12 (Thursday): Go a whole hour without complaining. Practice content speech.
- ☐ Day 13 (Friday): Help clean the dinner table without being asked.
- ☐ Day 14 (Sabbath): Sabbath rest. Praise God for wrapping up 2 full weeks of counting.

WEEK 3: THE HEART OF SINCERITY

- ☐ Day 15 (Sunday): Start Week 3. Write a small thank-you note to your pastor or a teacher.
- ☐ Day 16 (Monday): Look up at the clouds. Remember that Jesus is coming back in the clouds!
- ☐ Day 17 (Tuesday): Share a favorite toy or a snack cheerfully with someone else.
- ☐ Day 18 (Wednesday): Read Galatians 5:22-23. Pick one spiritual fruit to focus on today.
- ☐ Day 19 (Thursday): Clean your bedroom mirror. Ask God to help us live in honesty and truth.
- ☐ Day 20 (Friday): Learn a line of a classic old hymn. Sing it together at dinner.
- ☐ Day 21 (Sabbath): Sabbath rest. Celebrate reaching 3 full weeks of numbering the days.

WEEK 4: THE WELL OF SALVATION

- ☐ Day 22 (Sunday): Start Week 4. Pray intentionally for a missionary or a family in need.
- ☐ Day 23 (Monday): Count 10 distinct blessings out loud to practice a lifestyle of gratitude.
- ☐ Day 24 (Tuesday): Help pull weeds in the garden. Talk about pulling bad habits out of our lives.
- ☐ Day 25 (Wednesday): Read Acts 1:8. Discuss what it means to be a bold witness for Christ.
- ☐ Day 26 (Thursday): Turn off all electronics for two hours. Enjoy a quiet time of family reading.
- ☐ Day 27 (Friday): Gather summer wildflowers to make a colorful centerpiece for the table.
- ☐ Day 28 (Sabbath): Sabbath rest. Complete 4 weeks of the countdown!

WEEK 5: THE PILLAR OF FIRE

- ☐ Day 29 (Sunday): Start Week 5. Memorize a new KJV scripture verse as a household.
- ☐ Day 30 (Monday): Look at a physical map of Israel. Find where Jerusalem and Mount Sinai sit.
- ☐ Day 31 (Tuesday): Sweep the porch or sidewalk. Think about clearing a straight path for the Lord.
- ☐ Day 32 (Wednesday): Give someone in your family a genuine, specific word of encouragement.
- ☐ Day 33 (Thursday): Draw a picture of a crown. Remember that Jesus is our reigning King.
- ☐ Day 34 (Friday): Prepare your heart for worship. Set aside all arguments or petty bickering.
- ☐ Day 35 (Sabbath): Sabbath rest. Conclude 5 full weeks of tracking the harvest cycle.

WEEK 6: THE TABLES OF THE HEART

- [] Day 36 (Sunday): Start Week 6. Bake a sweet treat to drop off at a neighbor's doorstep.
- [] Day 37 (Monday): Read the Ten Commandments in Exodus 20. Thank God for His holy standards.
- [] Day 38 (Tuesday): Feed the birds or a family pet. Reflect on how carefully God feeds His creation.
- [] Day 39 (Wednesday): Write down a prayer request in a family journal to track answers over time.
- [] Day 40 (Thursday): Step outside at night and look at the moon. Marvel at God's cosmic order.
- [] Day 41 (Friday): Wash your hands thoroughly before dinner. Think about having "clean hands and a pure heart."
- [] Day 42 (Sabbath): Sabbath rest. Wrap up 6 weeks of purposeful anticipation.

WEEK 7: THE RUSHING MIGHTY WIND

- [] Day 43 (Sunday): Start the final week! Pray for the global Church to walk in unity and power.
- [] Day 44 (Monday): Fly a kite or watch the leaves move. *"The wind bloweth where it listeth..."* (John 3:8).
- [] Day 45 (Tuesday): Polish or dust the family Bibles. Commit to reading them more consistently.
- [] Day 46 (Wednesday): Forgive someone quickly and completely today without holding a grudge.
- [] Day 47 (Thursday): Gather the craft supplies (crepe paper, LED tea lights) for the Pentecost headbands.
- [] Day 48 (Friday): Purchase the honey, milk, cream, and yeast for the upcoming holiday menus.
- [] Day 49 (Sabbath): Final Sabbath rest! Seven full weeks are complete. *"Even unto the morrow after the seventh sabbath shall ye number fifty days."*

DAY 50: THE FEAST OF PENTECOST!

- [] Day 50 (Sunday): PENTECOST HAS FULLY COME! Bake the two large leavened wave loaves, light the harvest candles, put on your tongues of fire headbands, and celebrate the outpouring of the Holy Ghost with unmatched joy!